

Warming up the winter, Honoring our Stories



We're invited to gather for an open session of warming up and action. This is an opportunity for people to give in to your spontaneity, whether you are moved to be in an auxiliary role, facilitate a warm-up or direct with the support of a caring community. We offer this opportunity to gather, whether you have been part of the psychodrama community for some time, or are a student or clinician who is curious about action methods.

Our community recently expressed interest in participating in psychodramas, as too often we are in the director role, rather than having opportunities for **all** the roles: director, protagonist, auxiliary egos and group members. Let's chase away the winter blahs with our enthusiasm and spontaneity.

This workshop is sponsored by the Mid-Atlantic chapter, American Society of Group Psychotherapy and Psychodrama

Saturday, February 1, 2013

Time: 1:00 pm registration and connection
1:30 pm workshop begins
4:00 pm ending -with time for processing for students

Fee: Members – Free (included in annual dues)
Non-members - \$25*
Students - \$10 (Students can attend their first session for free)

To help us have an approximate headcount for refreshments, please let us know by 2 pm on Friday, January 31st if you will be attending. You can leave word at 301-422-5439 or email stevek@sli.org

In addition to our Mid-Atlantic Chapter, ASGPP gathering, we soon have another opportunity for exploring psychodrama and other creative arts at our regional February 08, 2014, conference: **Creative Collaborations: Nurturing our Creative Spirit**, co-sponsored by MAC-ASGPP, The MD/DC/VA Chapter of the American Dance Therapy Association, and The Maryland Association for Music Therapy, the Maryland Art Therapy Association. This will be held at Springfield Hospital in Sykesville, MD

Please feel free to pass this information on to colleagues who might also have an interest in action methods and psychodrama.

Location: Saint Luke Institute – Psychodrama Studio

Directions to Saint Luke Institute:
8901 New Hampshire Avenue
Silver Spring, MD 20903

From the Beltway:

Exit at New Hampshire, heading south. You will pass Adelphi, where there is a traffic light. Two lights further down is Metzerott. (*There is a Pizza Hut and a 7-11 on the right side of the road.*) Make a left on Metzerott; there is a left turn lane at this light. Make an immediate right in the first driveway

From inside the Beltway:

Take New Hampshire north, past Piney Branch Road. At the top of the hill is Metzerott. Turn right, and make an immediate right into the driveway.

Once at Saint Luke Institute:

Go up the driveway - bear left. The parking lot is on the left side of the main building. Please enter by the front door, and you'll be directed to the psychodrama theatre, A wing, room 202A.

Please remember that Saint Luke has a residential program. It is important that we respect the living space and the confidentiality of the clients.